

The minimal curvaton-higgs (MCH) model

Rose Lerner

Based on: Kari Enqvist, RL, Tomo Takahashi [arXiv:1310.1374]
Kari Enqvist, RL, Stanislav Rusak [arXiv:1308.3321]
Kari Enqvist, Daniel Figueroa, RL [arXiv:1211.5028]
Kari Enqvist, RL, Olli Taanila, Anders Tranberg [1205.5446]
RL, Scott Melville, [1402.3176]
RL, Anders Tranberg [to appear]

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Overview

Motivation

Perturbations in the CMB

Minimal models

Curvaton models

The MCH model

Lagrangian and assumptions

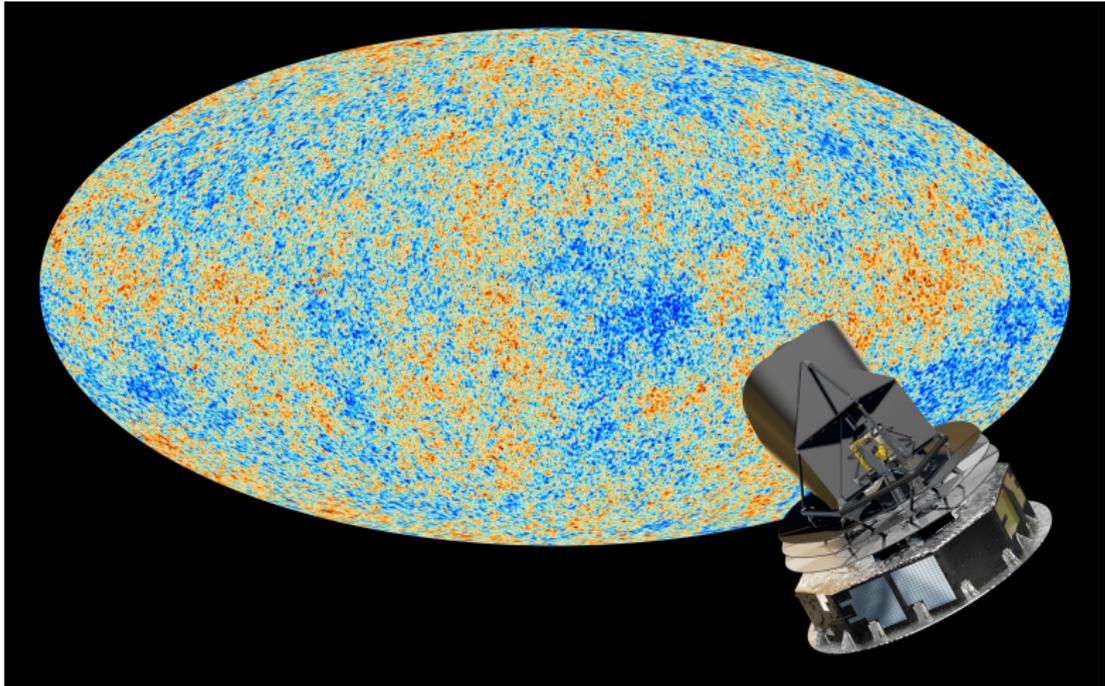
Three decay modes

Parameter space: ζ and f_{NL}

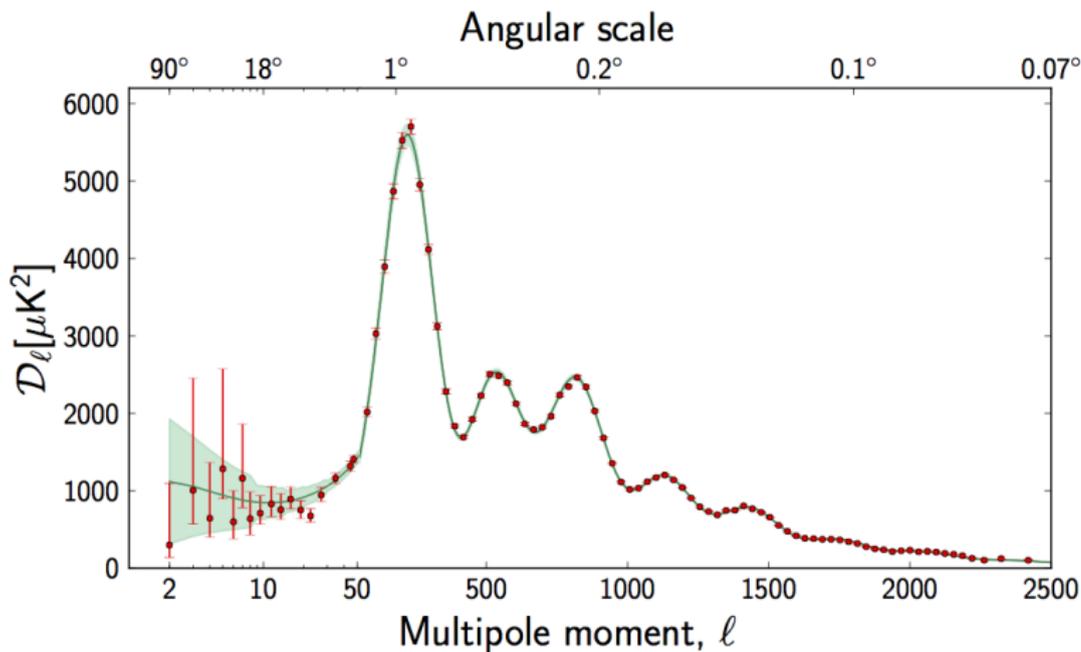
Initial conditions

Summary

CMB perturbations



CMB perturbations



Figure

from the Planck collaboration.

What does a complete cosmological model require?

Observational:

- ▶ inflation
- ▶ perturbations: ζ , n , r , f_{NL} ...
- ▶ reheating
- ▶ dark matter
- ▶ baryogenesis
- ▶ ...

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- ▶ specify all fields in the theory
- ▶ consider all interactions
- ▶ quantum corrections
- ▶ explain initial conditions
- ▶ ...

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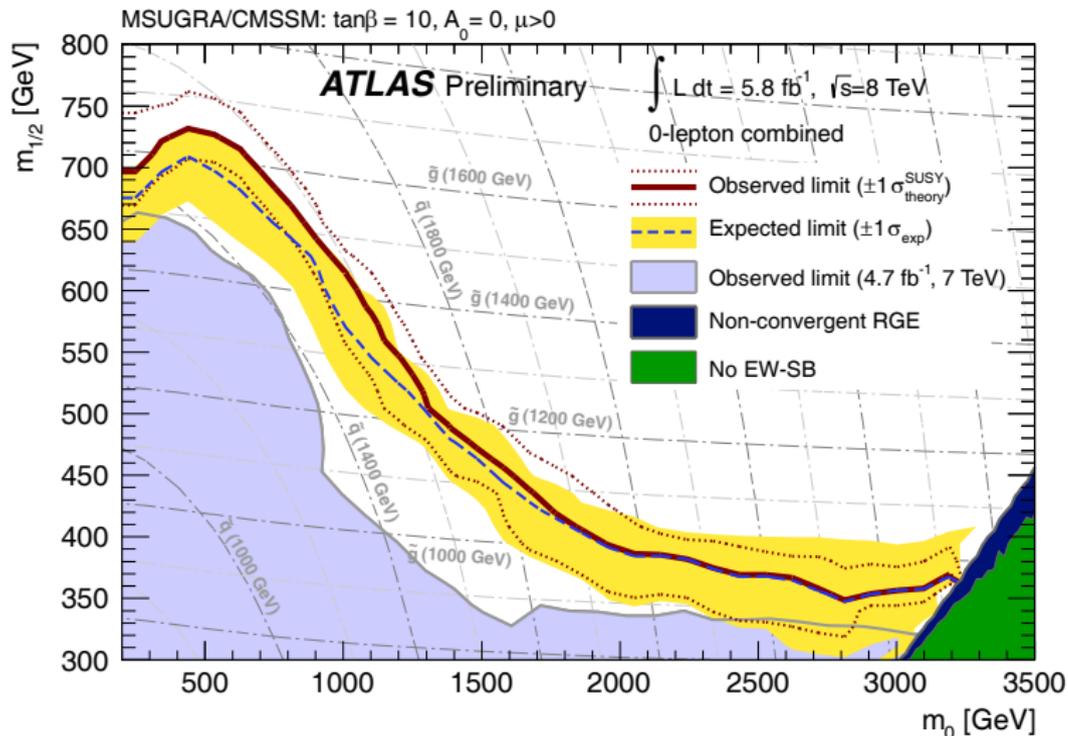
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Minimal extensions to the standard model allow precise calculations of cosmological processes

Where is SUSY?



What is a curvaton model?

Single field inflaton:

A **single field** ϕ both drives inflation and is the source of the perturbations.

What is a curvaton model?

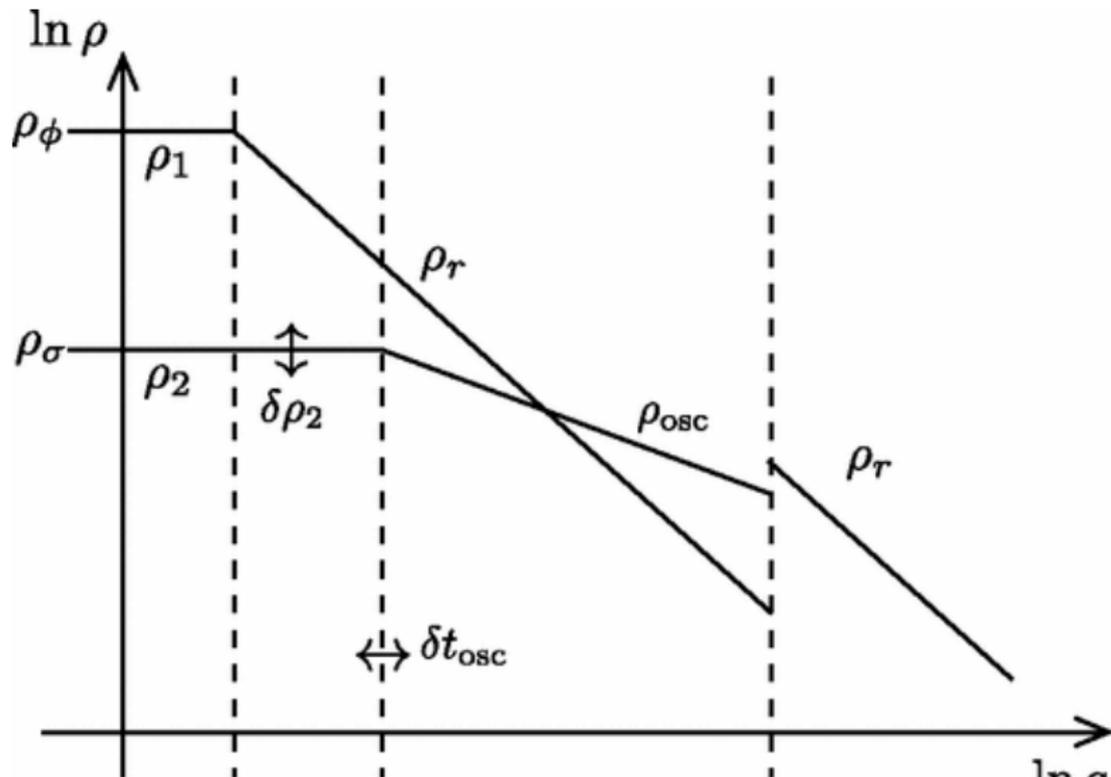
Single field inflaton:

A **single field** ϕ both drives inflation and is the source of the perturbations.

Curvaton paradigm:

One field ϕ drives inflation but has negligible perturbations; a **second field** σ is the source of perturbations but is negligible during inflation.

Energy densities in the curvaton paradigm



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- ▶ because the curvaton mechanism gives more freedom for the inflation model
- ▶ because they have interesting, constrainable dynamics after inflation

The minimal curvaton-higgs (MCH) model

MCH Lagrangian

$$\mathcal{L} = \mathcal{L}_{SM} + \frac{1}{2} \partial_\mu \sigma \partial^\mu \sigma + \frac{1}{2} m_\sigma^2 \sigma^2 + \frac{\lambda}{4!} \sigma^4 + \frac{1}{2} g^2 \sigma^2 \Phi^\dagger \Phi$$

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- ▶ assume $\sigma \rightarrow -\sigma$ symmetry
- ▶ assume $\lambda = 0$
- ▶ assume instant inflaton decay
- ▶ free parameters: $g, m_\sigma, H_*, \sigma_*$

Consequences of coupling g

- ▶ correction to $V(\sigma)$

$$\Delta V(\sigma) = \frac{(g^2\sigma^2 + m_h^2)^2}{64\pi^2} \log\left(\frac{g^2\sigma^2 + m_h^2}{\mu^2}\right)$$

[choose $\mu = m_h = 126$ GeV]

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$$m_\sigma^2 \rightarrow m_\sigma^2 + \frac{1}{12}g^2 T^2$$

- ▶ homogeneous σ can decay: $\Gamma_{eff} = \Gamma_{NP} + \Gamma_{pert} + \Gamma_5$
 1. non-perturbative decay
 2. perturbative scattering with thermal bath
 3. dimension-5 operators

Decay 1: non-perturbative decay

Summary

- ▶ after inflation, higgs is thermalised and gains large thermal mass $\propto g_T T$, where $g_T^2 = 0.1$
- ▶ curvaton couples to higgs and could also get a thermal mass
- ▶ these thermal masses block resonant preheating until T falls

Decay 1: Broad and narrow resonances

- ▶ After inflation, usually in broad resonance regime,
$$q(t) = \left(\frac{g\Sigma(t)}{2m_\sigma} \right)^2 \gg 1$$
- ▶ We found that the broad resonance is almost always blocked
- ▶ Curvaton amplitude $\Sigma(t)$ decreases and we eventually reach narrow resonance region with $q \ll 1$
- ▶ narrow resonance is a continuous process; excites modes within a thin momentum band
- ▶ this is where we start our (outline) calculation
- ▶ assume we have already calculated the decaying $\Sigma(t)$ and form of oscillations in the relevant background.

Decay 1: The narrow resonance

- ▶ Higgs equation of motion:

$$\ddot{\phi}_\alpha + 3H\dot{\phi}_\alpha + \left(\frac{k^2}{a^2} + g^2 \Sigma^2(t) \sin^2 \left(m_\sigma t + \frac{\pi}{8} \right) + g_T^2 T^2 \right) \phi_\alpha = 0$$

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- ▶ Remember that $q \ll 1$

- ▶ Thus, narrow resonance can only occur for $T \leq \frac{m_\sigma}{g_T}$

Decay 1: Thermal blocking

From previous slide

$$g_T^2 T^2 + 4q(t)m_\sigma^2 \sin^2 \left(m_\sigma t + \frac{\pi}{8} \right) \leq m_\sigma^2$$

Notes

- ▶ If the higgs had no coupling to the thermal background ($g_T = 0$), then there would be no blocking of the resonance!
- ▶ Rate of energy transfer typically very slow
- ▶ Thermal blocking typically lasts for a huge number of oscillations
- ▶ The curvaton's thermal mass modifies $\Sigma(t)$ (see paper)
- ▶ Without thermal blocking, the curvaton would quickly disappear and may not be a good curvaton candidate

Decay 2: perturbative scattering with thermal bath

Simple calculation:

$$\Gamma_{pert} = \frac{1}{576\pi} \frac{g^4 T^2}{m_\sigma(T)}$$

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- ▶ process efficient at $\Gamma(t) \geq H(t)$
- ▶ $H \propto T^2$
- ▶ so if $m_\sigma(T) = m_\sigma$, occurs immediately or never!
- ▶ if $m_\sigma(T) = \frac{1}{\sqrt{12}}gT$, efficient process if

$$g \geq 4.9g_*^{1/8} \left(\frac{m_\sigma}{M_{Pl}} \right)^{1/4}$$

Decay 2: perturbative scattering with thermal bath

Simple calculation:

$$\Gamma_{pert} = \frac{1}{576\pi} \frac{g^4 T^2}{m_\sigma(T)}$$

- ▶ this is a **very** simple calculation
- ▶ ignores e.g. fact that momenta are soft
- ▶ many recent papers give improvement e.g. Mukaida, Nakayama, Takimoto [1308.4394]

Decay 3: dimension-5 operators

Example dimension-5 coupling:

$$\mathcal{L}_5 \propto \frac{1}{M_P} \sigma \bar{f} \Phi f$$

Gives:

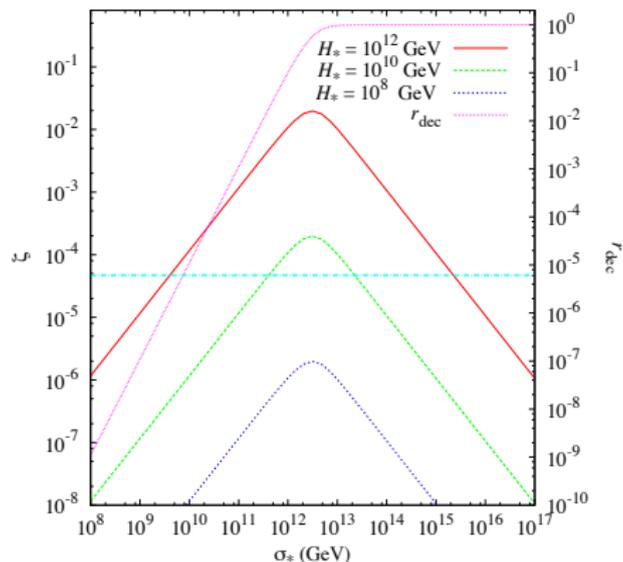
$$\Gamma_5 \approx \frac{m_\sigma^3}{M_P^2}$$

Other constraints

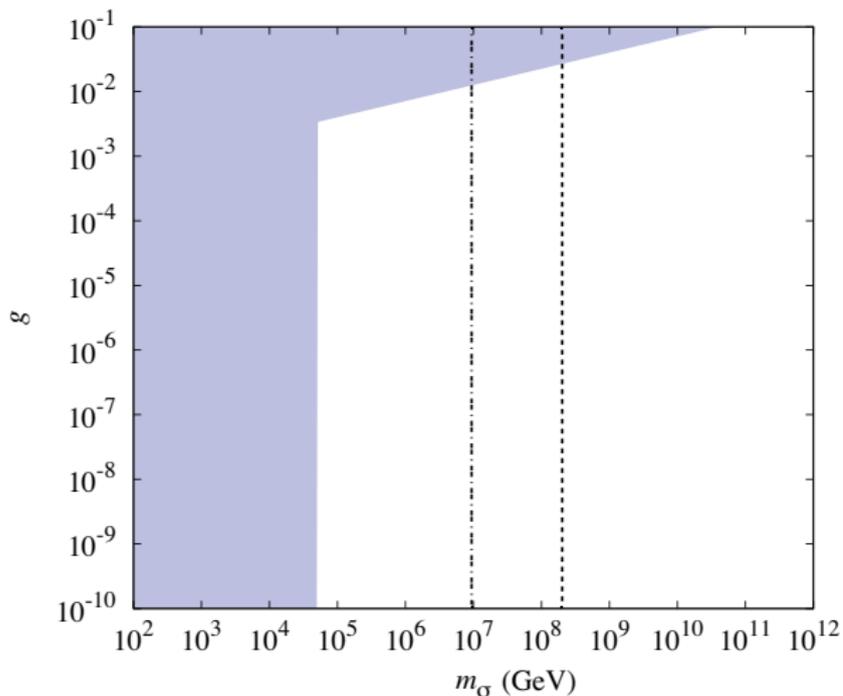
- ▶ big bang nucleosynthesis (BBN)
 - ▶ neutrinos decouple at 4 MeV
 - ▶ avoid spoiling BBN if curvaton decay occurs before this
 - ▶ requires $m_\sigma > 8 \times 10^4$ GeV
- ▶ dark matter
 - ▶ isocurvature if dark matter freezes out before curvaton decay
 - ▶ large isocurvature is ruled out by WMAP and Planck
 - ▶ standard WIMP scenario with decoupling at $T = 10$ GeV gives $\Gamma > 10^{-16}$ GeV
 - ▶ from Γ_5 , we get $m_\sigma = 10^7$ GeV

Methodology

- ▶ split into two solutions
- ▶ include full $V = V_0 + \Delta V + V(T)$
- ▶ numerically follow oscillations
- ▶ use scaling law evolution between transitions
- ▶ use δN formalism to obtain ζ , f_{NL} and g_{NL}

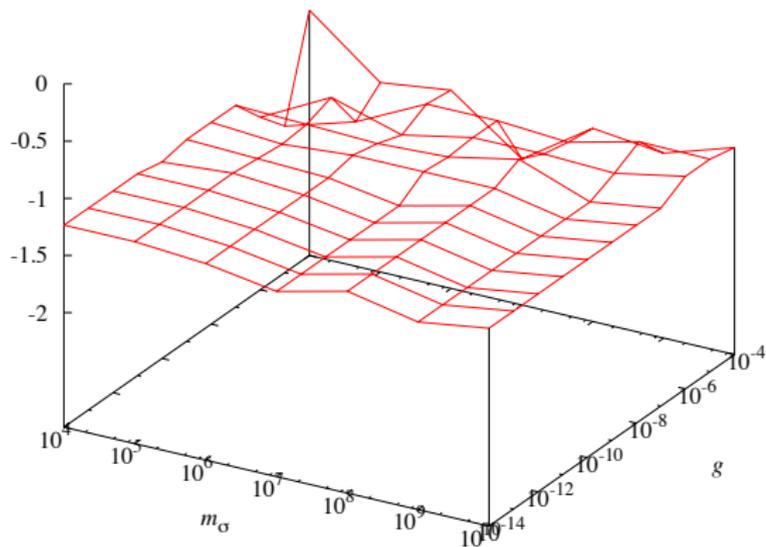


Parameter space for large σ_*



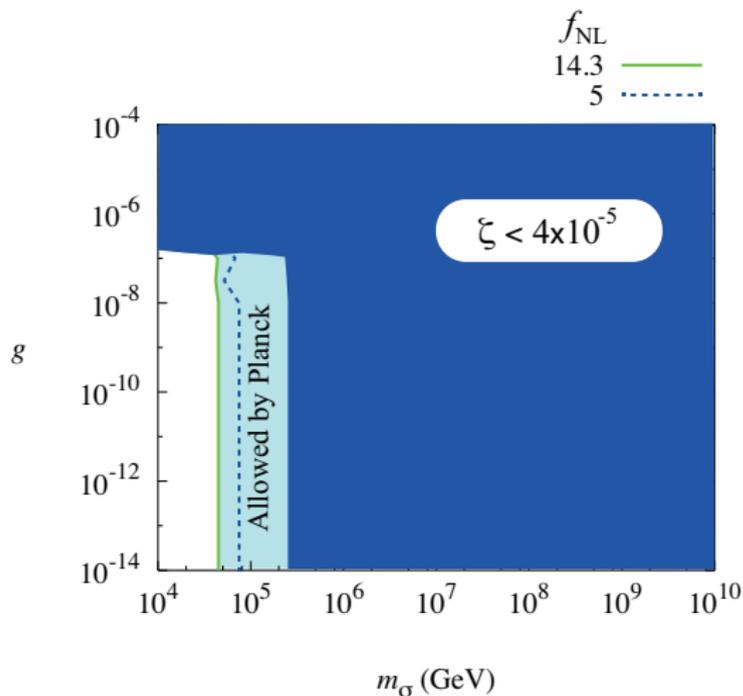
- ▶ white is allowed
- ▶ $m_\sigma < H_*$ not shown
- ▶ ΔV not included

f_{NL} for large σ_*



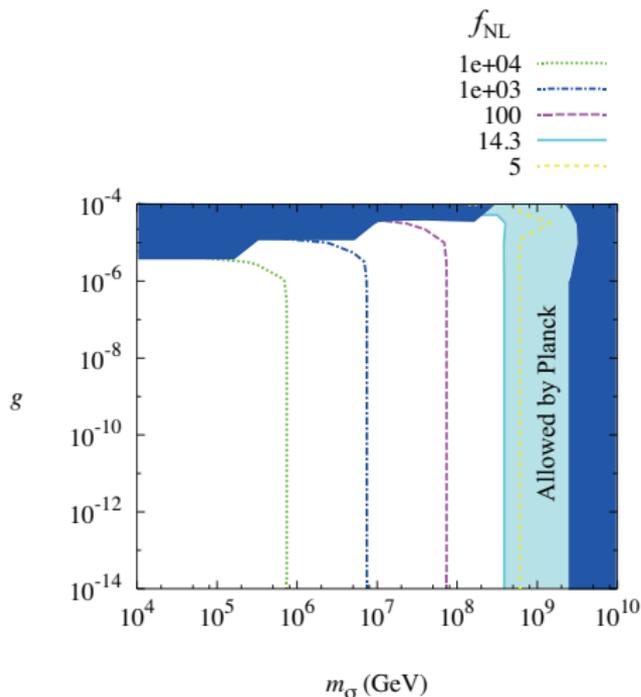
► $H_* = 10^{12}$ GeV

Constraints including f_{NL} for small σ_*



- ▶ pale blue is allowed
- ▶ $H_* = 10^9$ GeV

Constraints including f_{NL} for small σ_*



- ▶ pale blue is allowed
- ▶ $H_* = 10^{11}$ GeV

Remaining unknowns are (in principle!) calculable

Including:

- ▶ numerical (lattice) consideration of thermal blocking
- ▶ baryogenesis
- ▶ dark matter
- ▶ running of coupling constant and other quantum corrections
- ▶ spectral index n and tensor-to-scalar ratio r , once inflaton specified
- ▶ ...
- ▶ value of initial condition (?)

Thermal blocking on the lattice (PRELIMINARY!)

- Is the analytical analysis of thermal blocking sufficient?

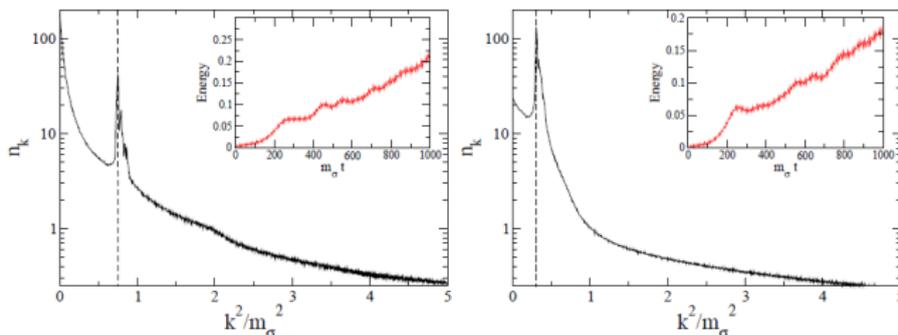


Figure 1: The (log of) the particle number after preheating for $m_\sigma t = 1000$, corresponding to approximately 160 inflaton oscillations. Inset is the energy in the preheated field(s). The Higgs field is self-interacting and coupled to the "by-hand" inflaton, but has no coupling to any other fields. Without an additional mass (left), and with a mass of $M^2 = 0.5m_\sigma^2$ (right)

Thermal blocking on the lattice (PRELIMINARY!)

- ▶ Is the analytical analysis of thermal blocking sufficient?
- ▶ Preliminary results say "yes"

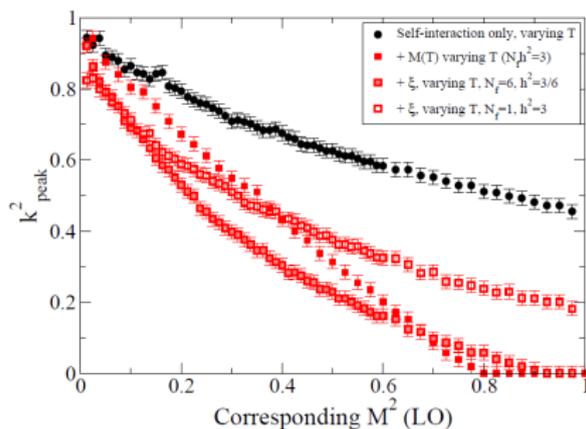


Figure 3: The position of the resonance peaks as a function of the corresponding effective (LO) mass, when varying T . Filled symbols: With the leading order effective mass and Higgs self-interaction. Open symbols: Interacting with full dynamical light fields. Shaded symbols: Interacting with $N_f = 6$ full dynamical light fields.

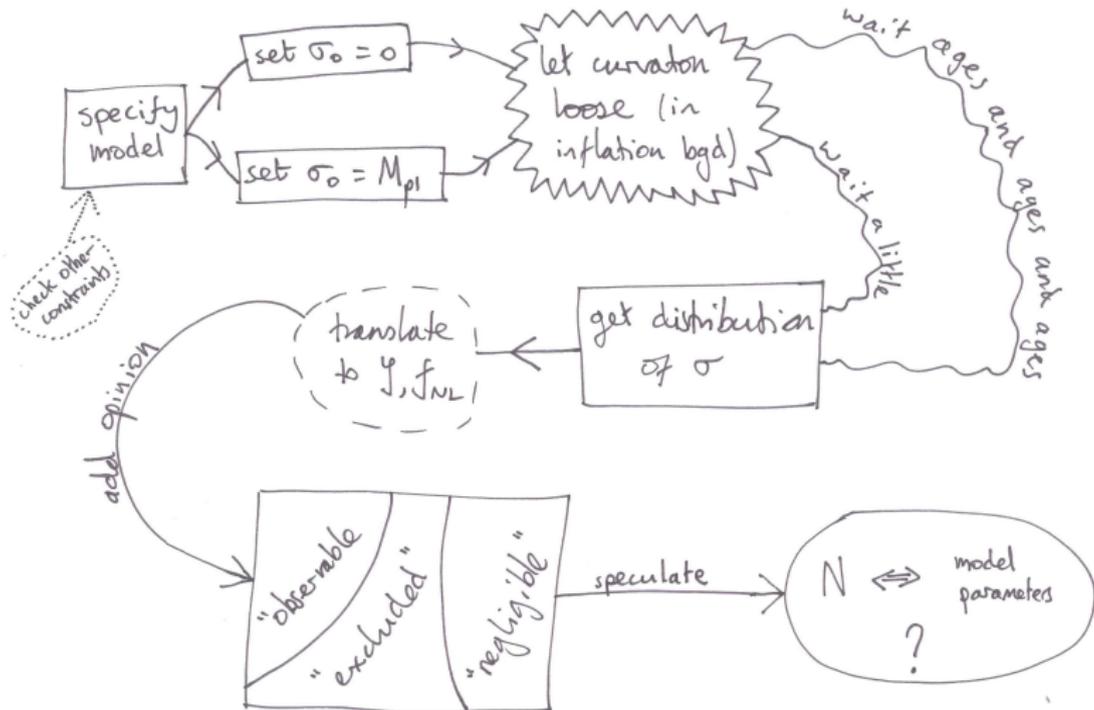
The questions

1. if (non-inflaton) scalar fields exist in a theory, do they either rule out the theory or otherwise affect observational predictions?
2. if we design a curvaton model, does this have natural or fine-tuned initial conditions?

Initial Condition

The curvaton field value σ_* when observable scales exit the horizon determines the observational predictions (given model parameters).

We did this:



Specify model: minimal curvaton-higgs (MCH)

Reminder: MCH Lagrangian

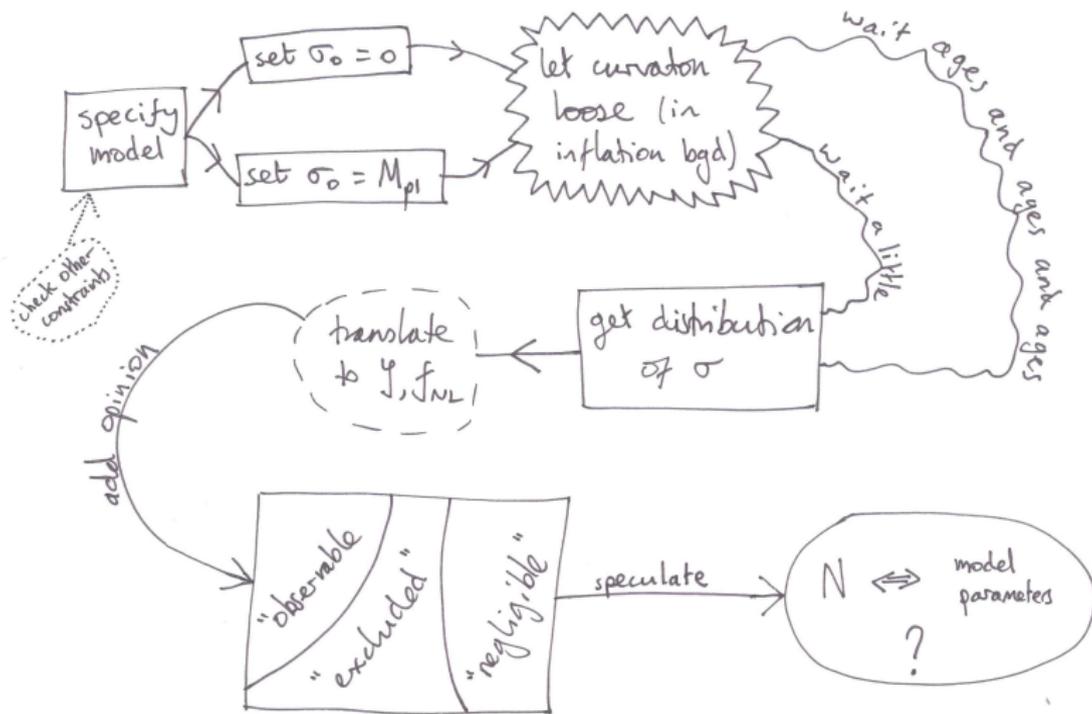
$$\mathcal{L} = \mathcal{L}_{SM} + \frac{1}{2} \partial_\mu \sigma \partial^\mu \sigma + \frac{1}{2} m_\sigma^2 \sigma^2 + \frac{\lambda}{4!} \sigma^4 + \frac{1}{2} g^2 \sigma^2 \Phi^\dagger \Phi$$

Specify model: effective mass from the Higgs

- ▶ during inflation, curvaton gets a contribution to effective mass from interaction with higgs
- ▶ $m_{eff}^2 = m_\sigma^2 + \frac{1}{2}g^2 h_*^2$
- ▶ after inflation the higgs contribution quickly disappears

Two regimes:

1. $gh_* \gg m_\sigma$: g determines m_{eff} , m_σ determines Γ_{eff}
2. $gh_* \ll m_\sigma$: m_σ determines both



Interpretation of $P(\sigma)$

1. set up background inflation
2. add a curvaton
3. curvaton experiences slow roll and random quantum kicks
4. find value of σ_* in our patch
5. run the simulation many times
6. plot final σ_* from all runs — this is $P(\sigma)$

The distribution of σ_*

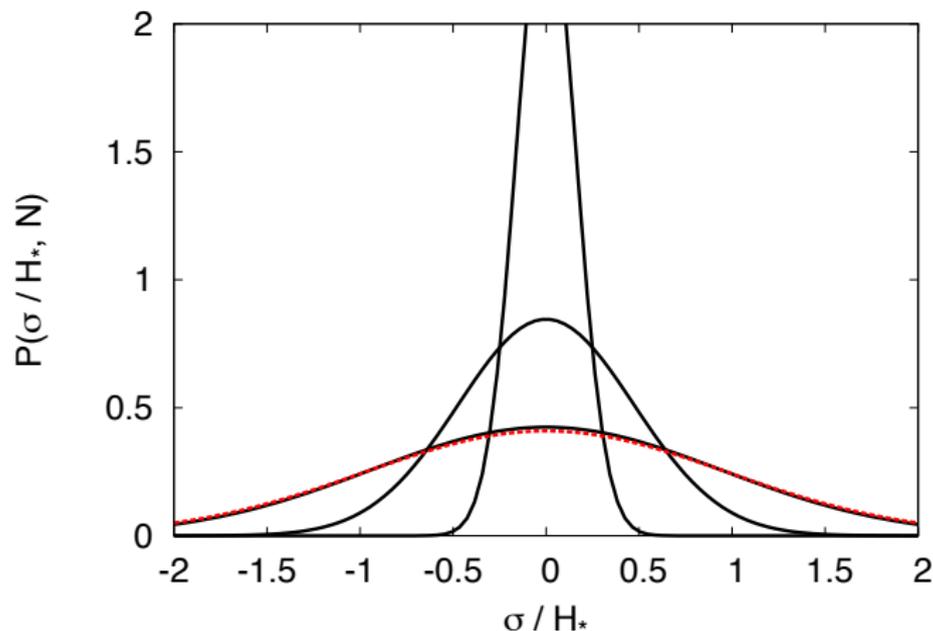
Fokker-Planck equation

$$\dot{P}(\sigma, N) = \frac{1}{3H_*^2} V''(\sigma) P(\sigma, N) + \frac{1}{3H_*^2} V'(\sigma) P'(\sigma, N) + \frac{H_*^2}{8\pi^2} P''(\sigma, N)$$

Derivation:

- ▶ Integrate out short wavelength modes with $k \gg H_*$
- ▶ Langevin equation $\dot{\sigma} = \frac{V'(\sigma)}{3H_*} + \xi(t)$
- ▶ random Gaussian noise: $\langle \xi(t) \xi(t') \rangle = \delta(t - t') \frac{H_*^3}{8\pi^2}$

Evolution of $P(\sigma, N)$ for $V(\sigma) = \frac{1}{2}m_{\text{eff}}^2\sigma^2$



($N = 1, 10, 100$; $m_{\text{eff}} = 0.2H_*$; $\sigma_0 = 0$.)

Solution for quadratic potential $V(\sigma) = \frac{1}{2}m_{\text{eff}}^2\sigma^2$

$$P(\sigma, N) = \frac{1}{\sqrt{2\pi w^2(N)}} \exp\left(-\frac{(\sigma - \sigma_c(N))^2}{2H_*^2 w^2(N)}\right)$$

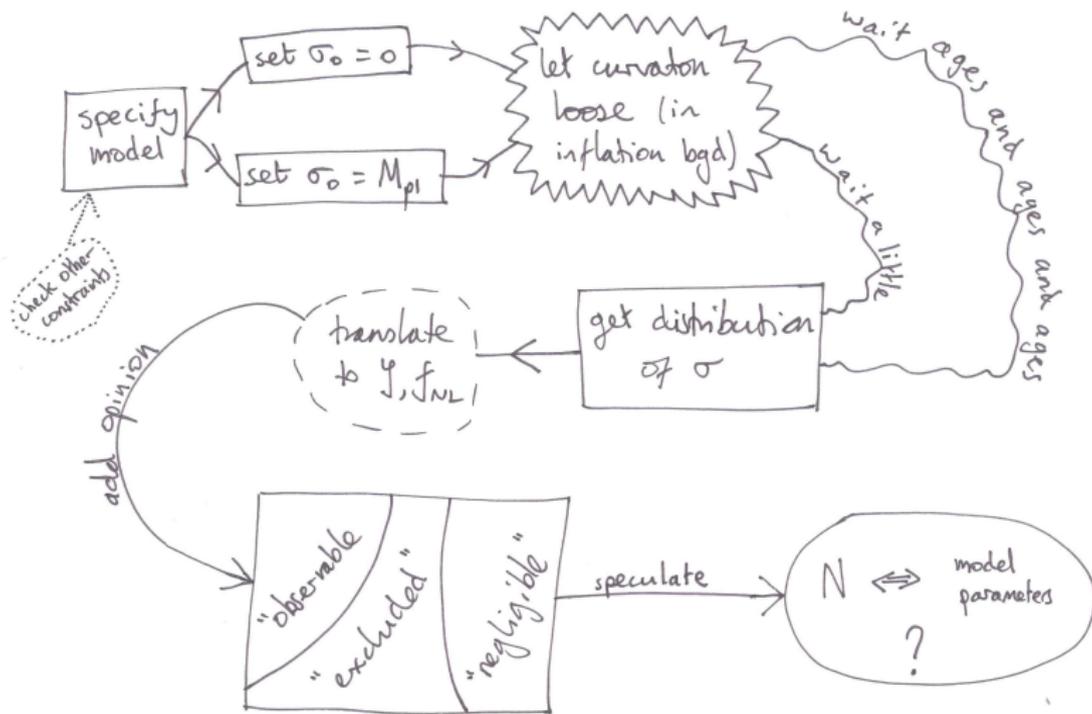
where

$$\sigma_c(N) = \sigma_c(0) \exp\left(-\frac{m_{\text{eff}}^2}{3H_*^2} N\right)$$

and

$$w^2(N) = \frac{3H_*^2}{8\pi^2 m_{\text{eff}}^2} - \left(\frac{3H_*^2}{8\pi^2 m_{\text{eff}}^2} - \frac{w^2(0)}{H_*^2}\right) \exp\left(-\frac{2m_{\text{eff}}^2}{3H_*^2} N\right)$$

- ▶ initial central value of the distribution: $\sigma_c(0) \equiv \sigma_0$
- ▶ initial width: $w(0)$



Translate to ζ : valid for $V(\sigma) = \frac{1}{2}m_{eff}^2\sigma^2$

- ▶ Probability distribution of ζ given by

$$P(\zeta, N) = P[\sigma_*^-, N] \left| \frac{d\sigma_*}{d\zeta} \right|_{\sigma_*^-} + P[\sigma_*^+, N] \left| \frac{d\sigma_*}{d\zeta} \right|_{\sigma_*^+}$$

- ▶ ... resulting in

$$P(\zeta, N) = \frac{1}{\sqrt{2\pi w^2(N)}} \exp\left(-\frac{\left(\left[\frac{H_*}{6\pi\zeta}(1-Y(\zeta))\right] - \sigma_c(N)\right)^2}{2H_*^2 w^2(N)}\right) \frac{H_*(1-Y(\zeta))}{6\pi\zeta^2 Y(\zeta)} \\ + \frac{1}{\sqrt{2\pi w^2(N)}} \exp\left(-\frac{\left(\left[\frac{H_*}{6\pi\zeta}(1+Y(\zeta))\right] - \sigma_c(N)\right)^2}{2H_*^2 w^2(N)}\right) \frac{H_*(1+Y(\zeta))}{6\pi\zeta^2 Y(\zeta)}$$

- ▶ $Y(\zeta) \equiv \sqrt{1 - \frac{288\pi^2 M_{Pl} m_\sigma \zeta^2}{H_*^2}}$
- ▶ ... and something similar for f_{NL} .

Add opinion: defining “observable”, “negligible” and “excluded”

As working definitions, we take:

observable

$$0.1\zeta_{WMAP} \leq \zeta \leq \zeta_{WMAP} \text{ or } 5 < f_{NL} < 14.3$$

negligible

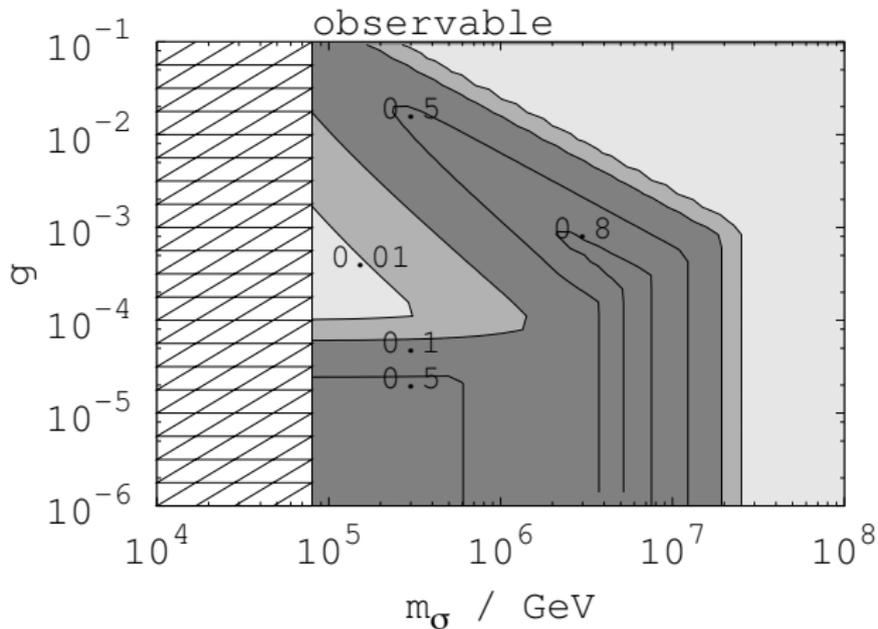
$$\zeta < 0.1\zeta_{WMAP} \text{ and } f_{NL} < 5$$

excluded

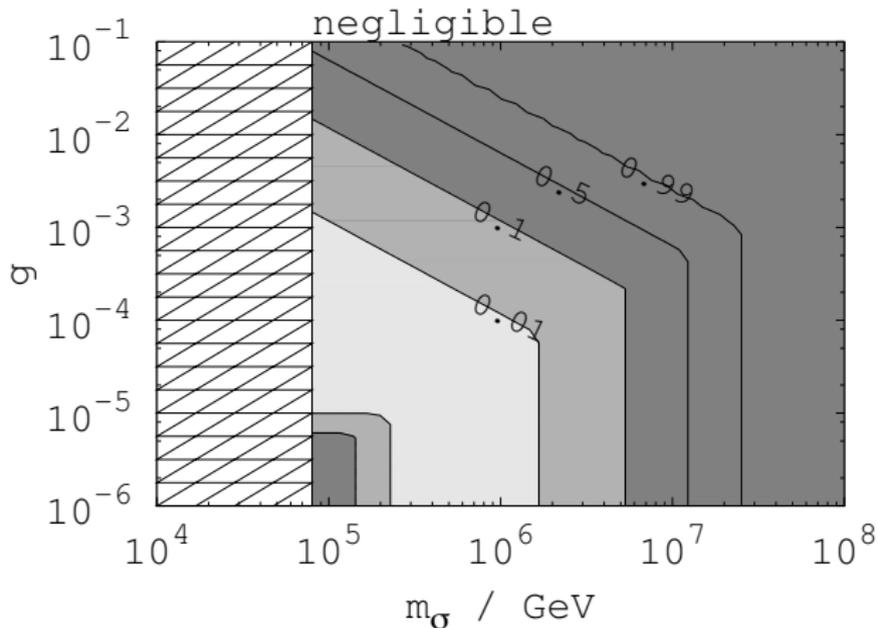
$$\zeta > \zeta_{WMAP} \text{ or } f_{NL} > 14.3$$

- ▶ Note that we must integrate over ζ to obtain $P(0.1\zeta_{WMAP} < \zeta_{curvaton} < \zeta_{WMAP})$

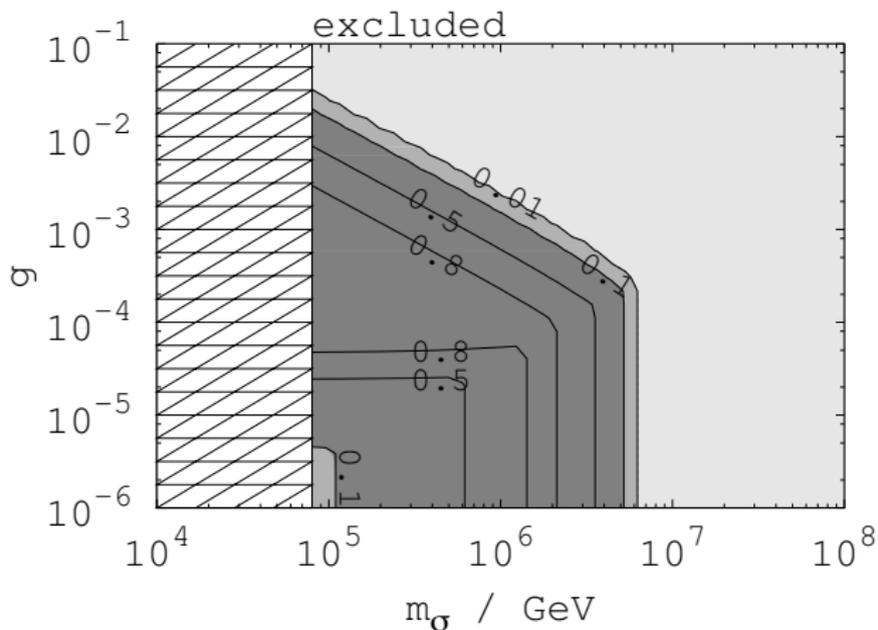
Wait ages and ages: $P(\text{observable})$



Wait ages and ages: $P(\text{negligible})$

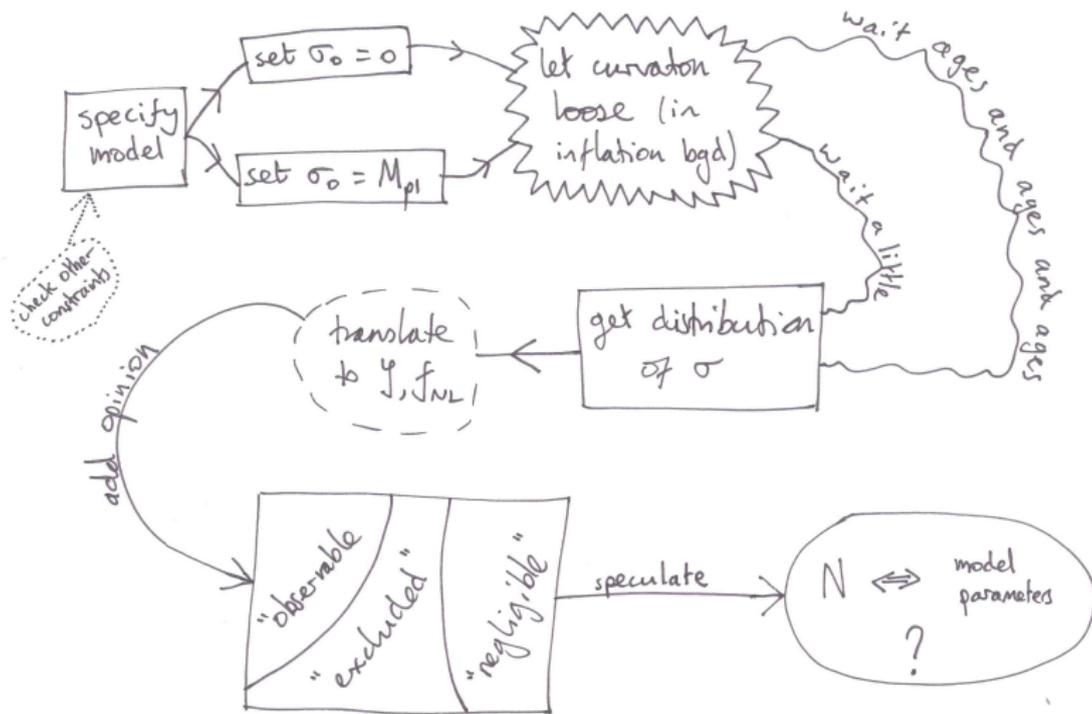


Wait ages and ages: $P(\text{excluded})$

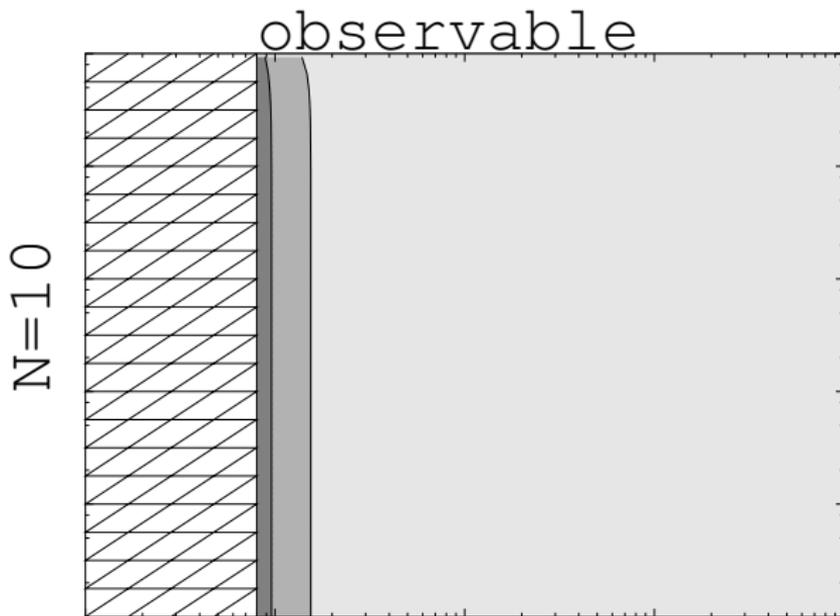


Wait just a little

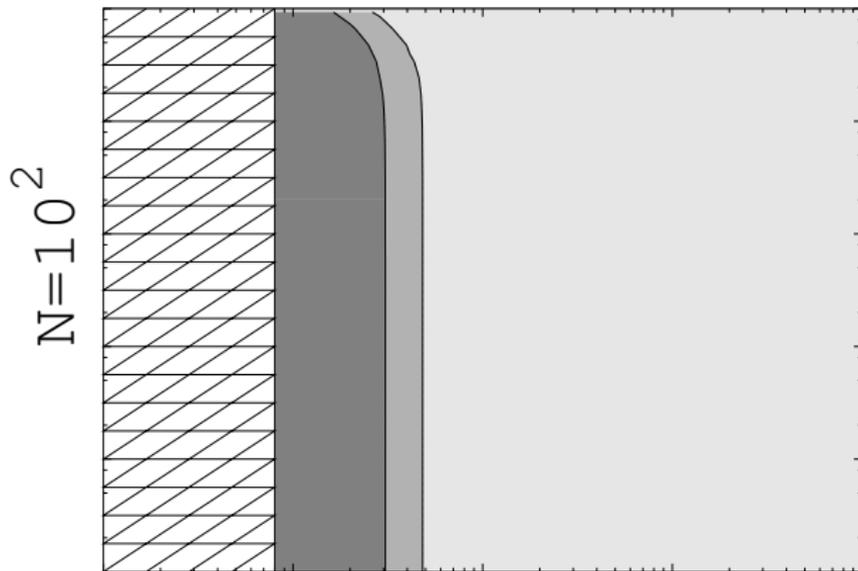
- ▶ ζ is calculated when the perturbations leave the horizon, about 60 e -foldings before the end of inflation
- ▶ the N shown here is the number of e -foldings **before** horizon exit
- ▶ timescale to reach equilibrium given by $N_{dec} = \frac{3H_*^2}{2m_\sigma^2}$
- ▶ N_{dec} can be large



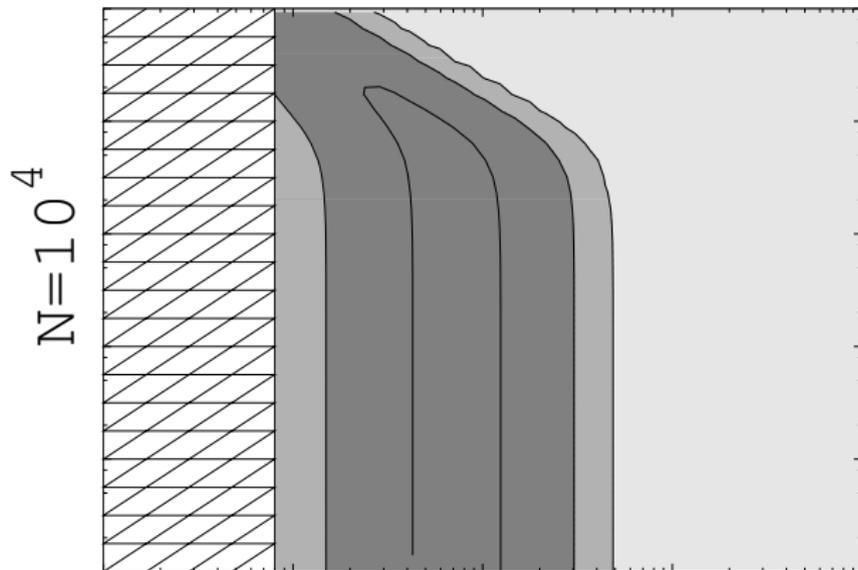
$P(\text{observable})$ for $\sigma_0 = 0$; $N = 10$



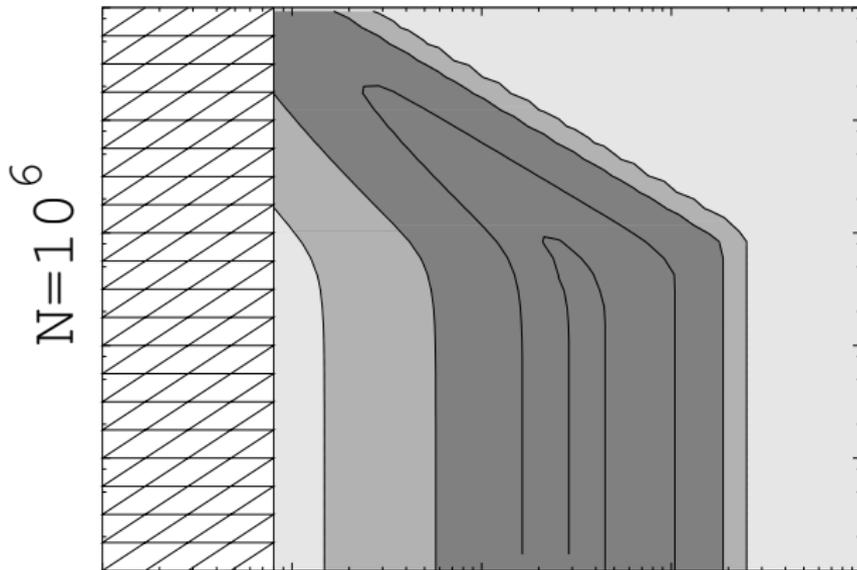
$P(\text{observable})$ for $\sigma_0 = 0$; $N = 10^2$



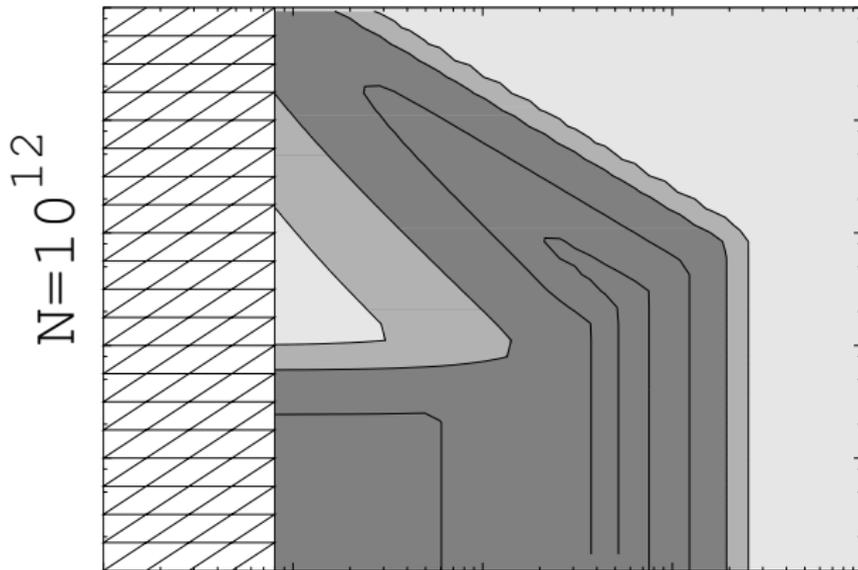
$P(\text{observable})$ for $\sigma_0 = 0$; $N = 10^4$



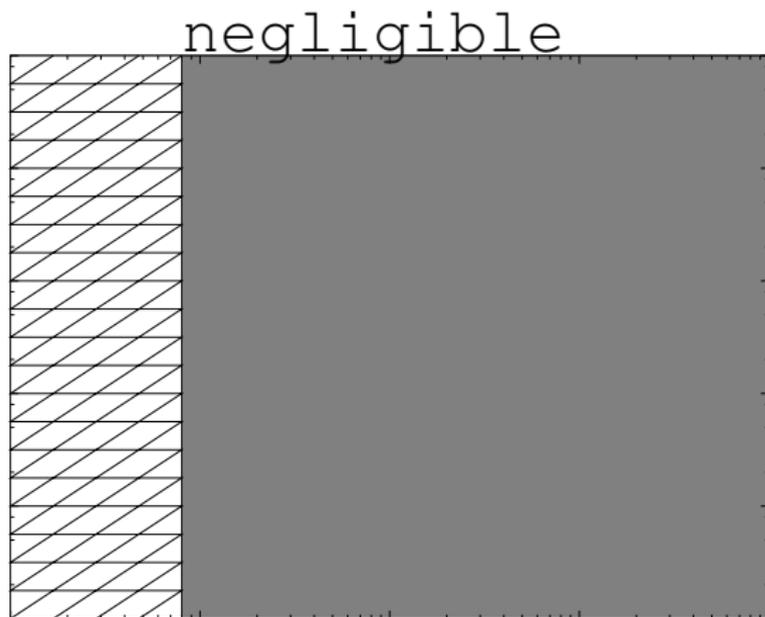
$P(\text{observable})$ for $\sigma_0 = 0$; $N = 10^6$



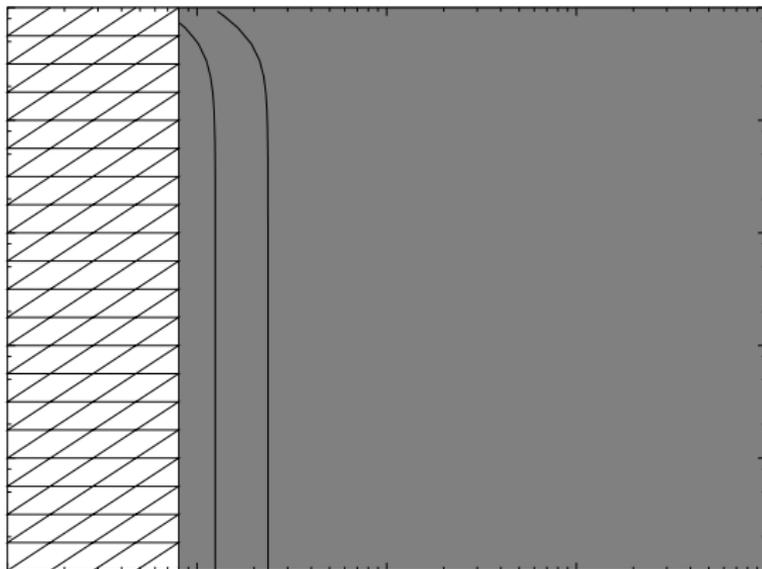
$P(\text{observable})$ for $\sigma_0 = 0$; $N = 10^{12}$



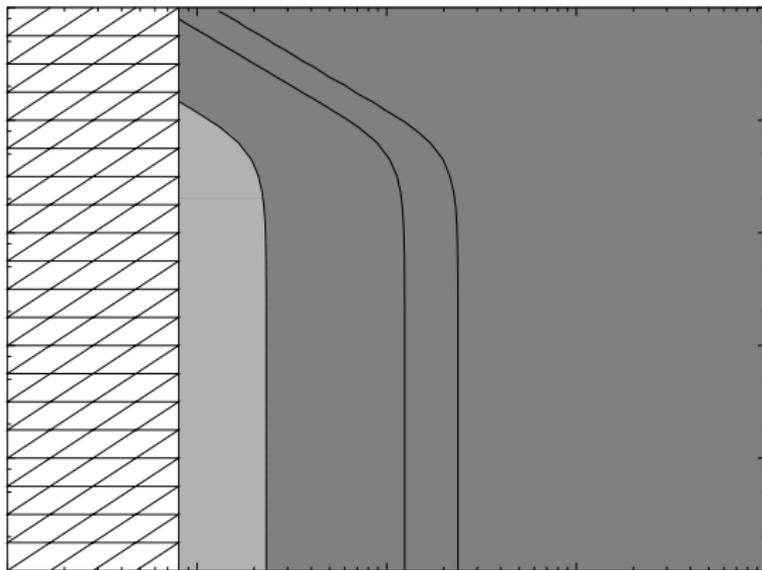
$P(\text{negligible})$ for $\sigma_0 = 0; N = 10$



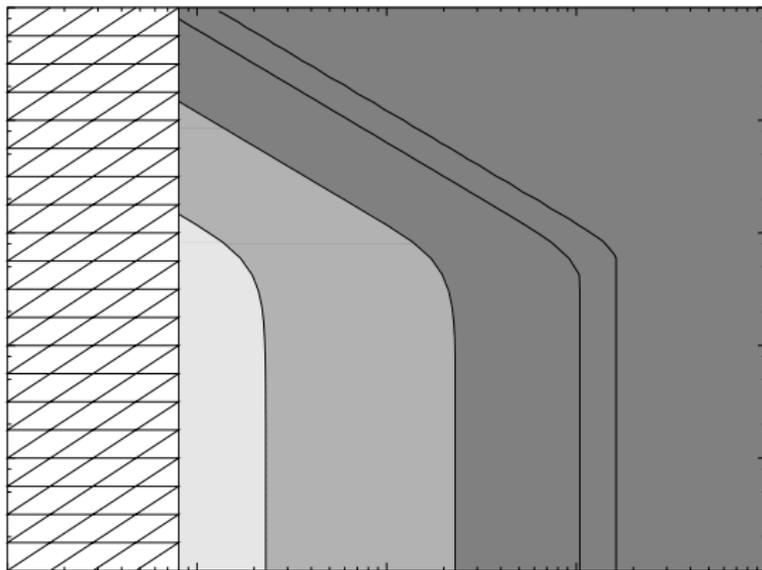
$P(\text{negligible})$ for $\sigma_0 = 0; N = 10^2$



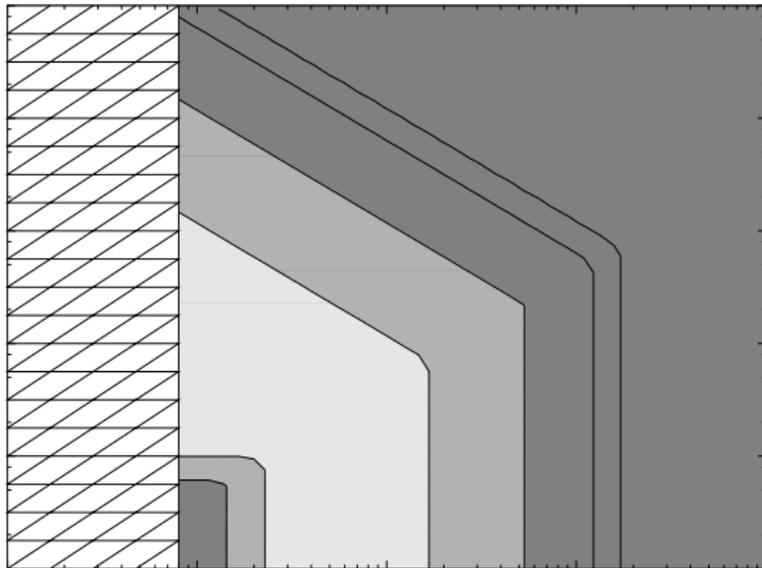
$P(\text{negligible})$ for $\sigma_0 = 0; N = 10^4$



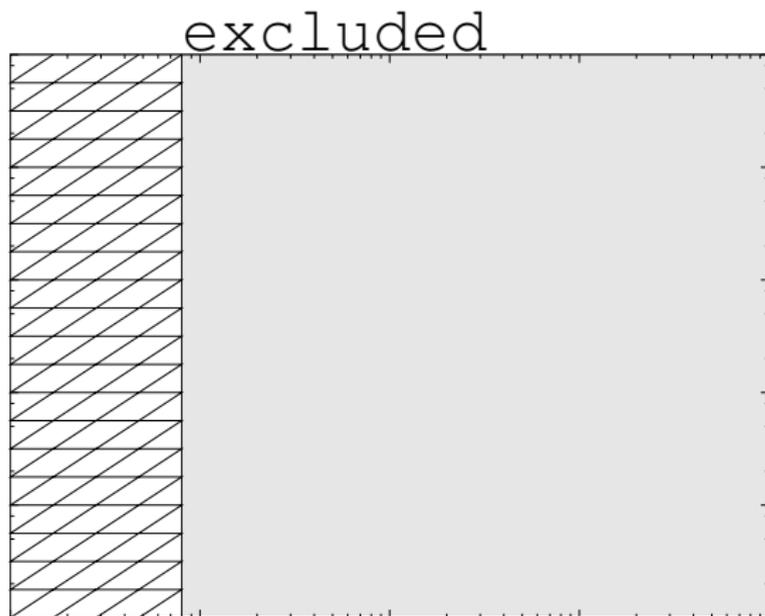
$P(\text{negligible})$ for $\sigma_0 = 0; N = 10^6$



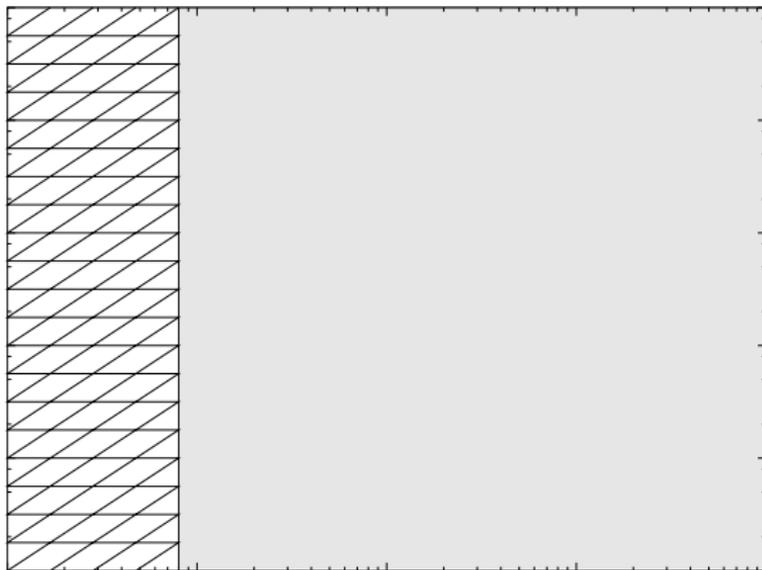
$P(\text{negligible})$ for $\sigma_0 = 0$; $N = 10^{12}$



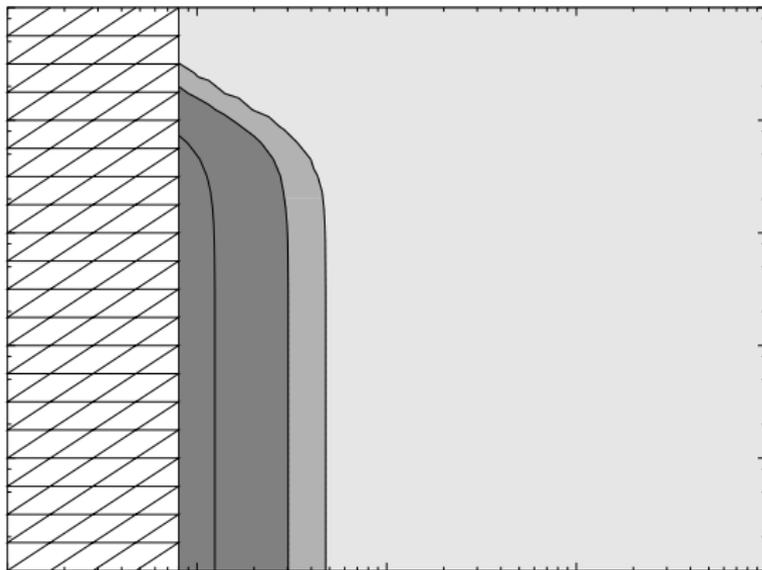
$P(\text{excluded})$ for $\sigma_0 = 0; N = 10$



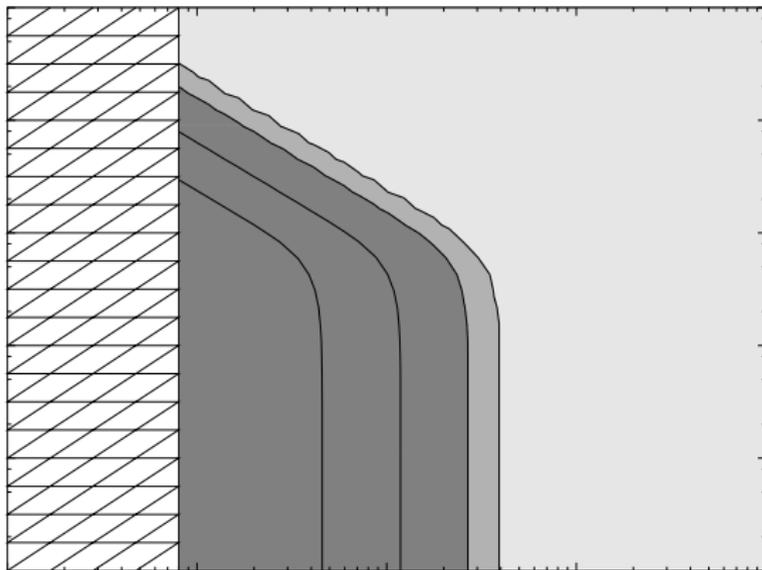
$P(\text{excluded})$ for $\sigma_0 = 0; N = 10^2$



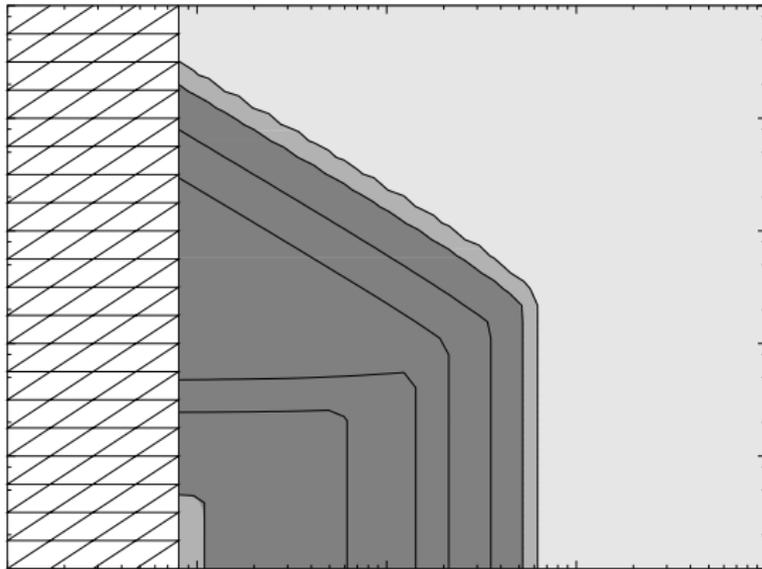
$P(\text{excluded})$ for $\sigma_0 = 0$; $N = 10^4$

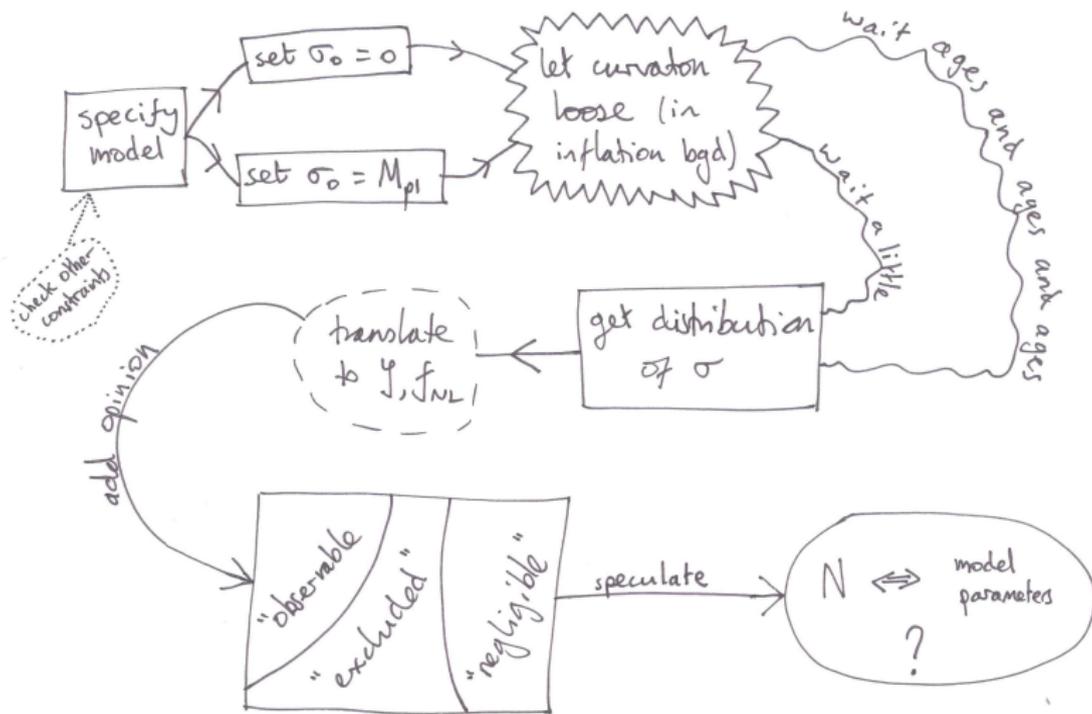


$P(\text{excluded})$ for $\sigma_0 = 0$; $N = 10^6$

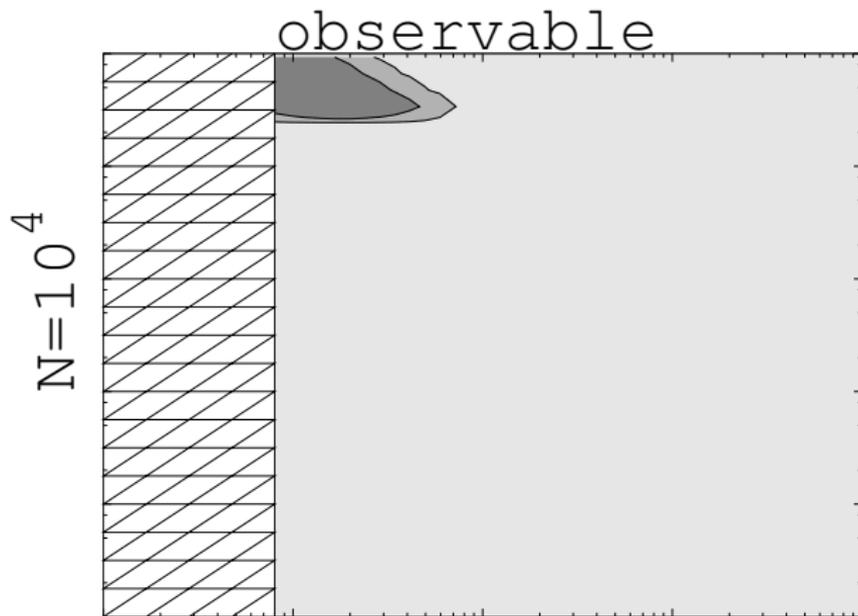


$P(\text{excluded})$ for $\sigma_0 = 0$; $N = 10^{12}$

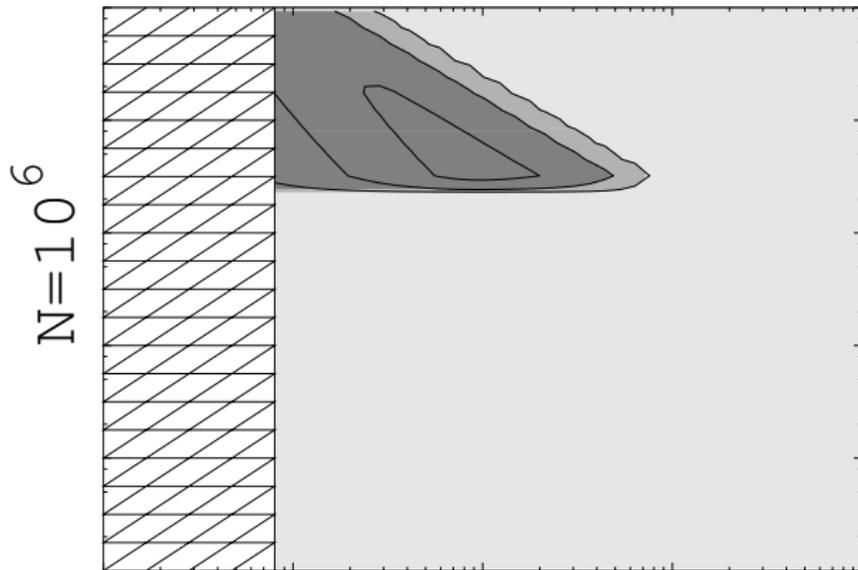




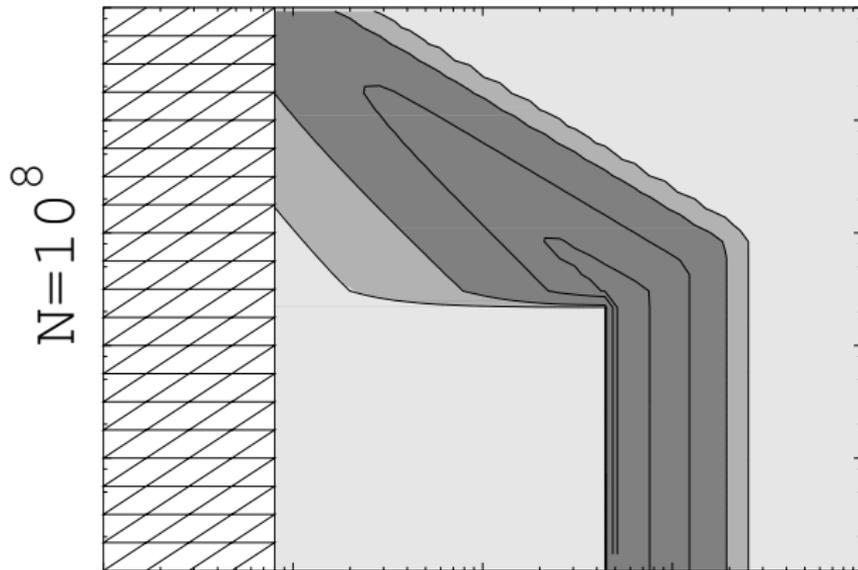
$P(\text{observable})$ for $\sigma_0 = M_P$; $N = 10^4$



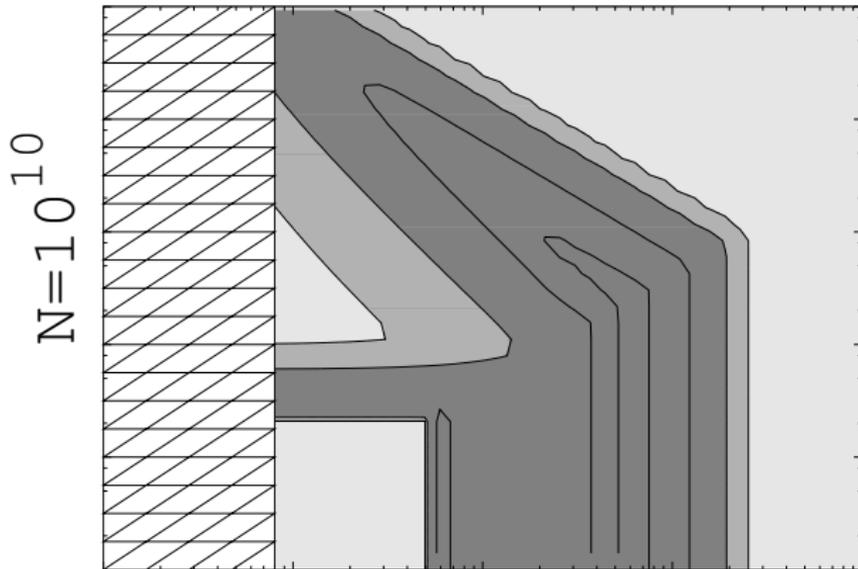
$P(\text{observable})$ for $\sigma_0 = M_P; N = 10^6$



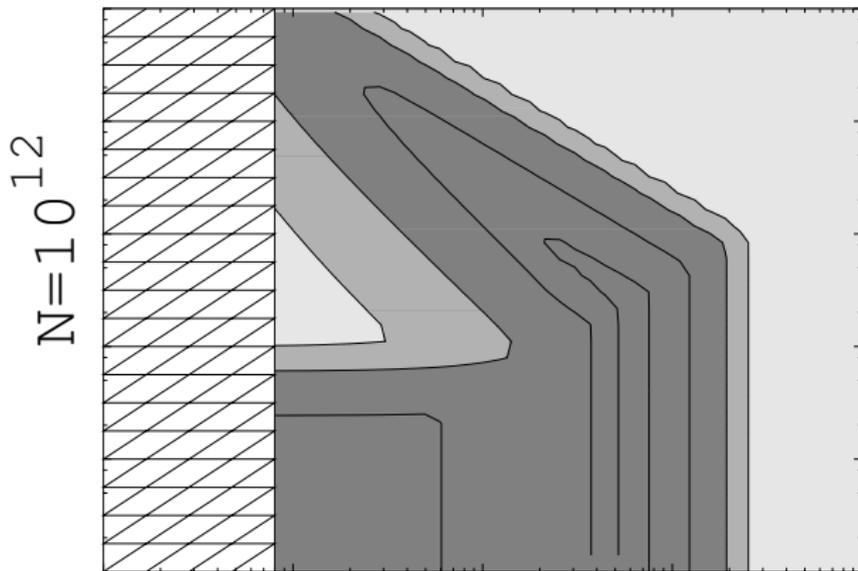
$P(\text{observable})$ for $\sigma_0 = M_P$; $N = 10^8$



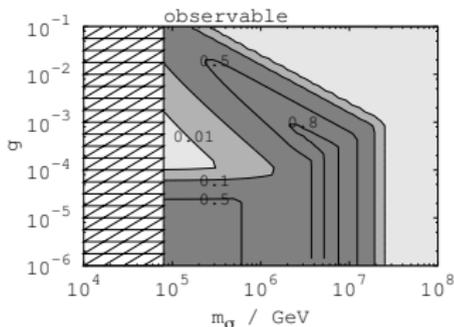
$P(\text{observable})$ for $\sigma_0 = M_P$; $N = 10^{10}$



$P(\text{observable})$ for $\sigma_0 = M_P; N = 10^{12}$



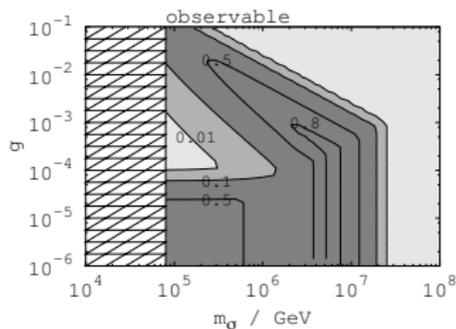
Notes



- ▶ “probable” regions of parameter space exist for some range of model parameters

- ▶ large masses $m_\sigma > 2 \times 10^7$ GeV are (dis)favoured
 - ▶ $m_\sigma < 8 \times 10^4$ GeV are excluded due to a late curvaton decay
 - ▶ results valid for $g < (m_\sigma/M_P)^{1/4}$
 - ▶ very little dependence on the initial conditions for large effective mass
- $$m_{eff}^2 = m_\sigma^2 + g^2 h_*^2$$
- ▶ scalars with certain properties should not be

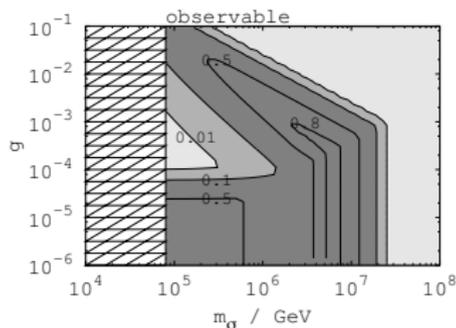
Speculate: new observations



New information?

- ▶ tensor-to-scalar ratio $r \rightarrow H_*$
- ▶ Planck $\rightarrow f_{NL}$
- ▶ Planck \rightarrow spectral index $n_s \rightarrow$ constrains g and m_σ (once V_{inf} specified)
- ▶ WIMP dark matter detection \rightarrow increased lower bound on m_σ

Speculate: linking N , g and m_σ

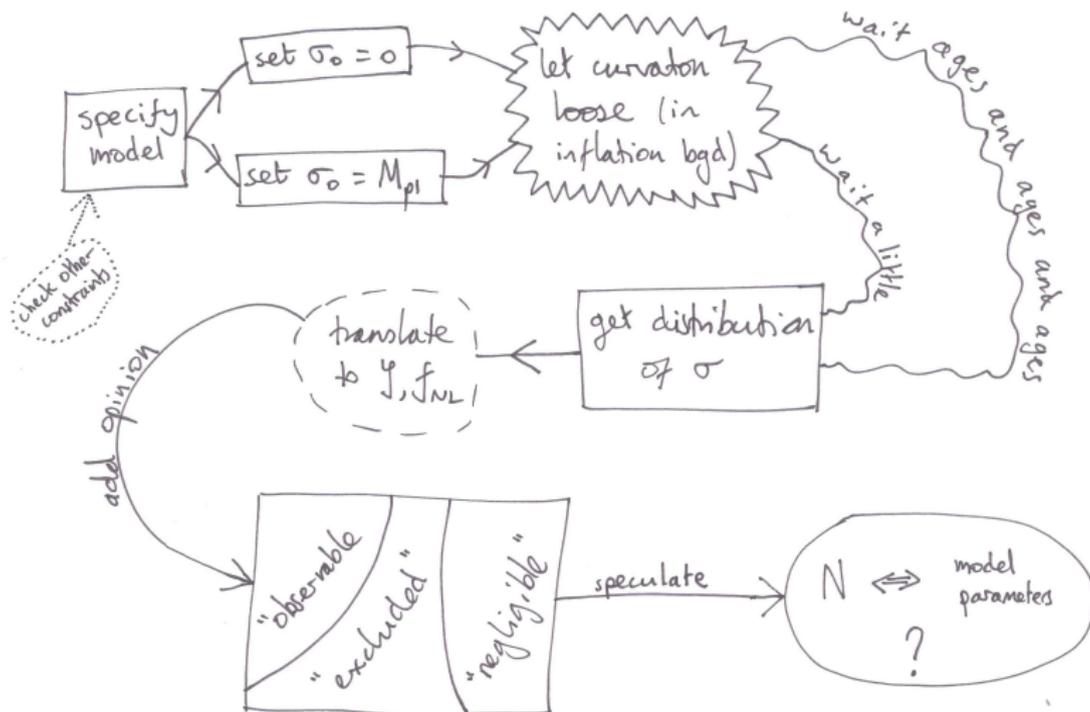


- ▶ if large m_σ favoured, would need very large N .
- ▶ if small m_σ and large g was instead favoured, $N = \mathcal{O}(10 - 100)$ would be sufficient, if $\sigma_0 = 0$ justified.
- ▶ Conversely, knowledge from fundamental theories about N could give information about m_σ and g .

The questions

1. if (non-inflaton) scalar fields exist in a theory, do they either rule out the theory or otherwise affect observational predictions?
2. if we design a curvaton model, does this have natural or fine-tuned initial conditions?

See also arxiv/1402.3176



The MCH model: summary

- ▶ MCH model is standard model + one real scalar curvaton
- ▶ non-perturbative decay into higgses is thermally blocked
- ▶ decay via dimension-5 operators determines predictions
- ▶ BBN, DM and interactions with the thermal background impose constraints
- ▶ distribution of initial field value σ_* could be determined under assumptions
- ▶ scalars with certain properties should not be ignored as possible curvatons!